MY LIFE IGNITED

BECKY DANAHER CLASSES, COACHING, CONSULTING MyLifelgnited.com



Show Gratitude for Someone in your Family	Give to a Charity	Write a Letter to a Veteran	Show Gratitude through Attentive Listening	Compliment a Friend
Show Gratitude with Something Homemade	Send Thanks to a Grandparent	Show Gratitude for Yourself, fill your Energy	Show Gratitude for a Teacher	Share Gratitude through the Mail
Give Food to a Food Shelf	Send Thank You to Police Officers	FREE	Say Thank You to a Parent	Show Gratitude, and make it a Surprise
Say Thank You to someone Far Away	Make a List of 25 Things You are Grateful for	Send Thank You to Firefighters	Donate valuable treasures to a Charity	Share Gratitude with someone who needs extra Joy
Show Gratitude for a Neighbor	Show Gratitude through an Act of Service	Say Thank You to someone that gives you Support	Send a Video expressing your Gratitude	Show Gratitude for Medical Workers
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